Emotional understanding

Lesson 21

What you feel becomes your body

Part 1: You wear only what you know

A Christ is already in you

3 traits of a master

The sword of discipline

Emotional understanding

Lesson 22

What you feel becomes your body

Part 2: Emotions in the plane of demonstration

Body systems and their messages

The bruised soul

The language of emotions

Emotional understanding

Lesson 23

What you feel becomes your body

Part 3: Emotions in the plane of demonstration

Disease as an inner talk

Stress is the sign of separation

The language of emotions

Emotional understanding

Lesson 24

What you feel becomes your body

Inner talk and the blessing of cancer

Disease as an inner talk

Cancer as an alert

The language of emotions

Tools and trades of an evolved mind

Lesson 25

The biology of belief

or

Mind to matter

The power of the word

You are the placebo

Placebo vs Nocebo